

A CORE talent is an action, thought process or pattern of behavior that comes very natural to you. When using it, you are energized and fluid in the process. Though you may not be aware of it, others will often marvel at how gifted you are in that specific thing.

C - COMPETENT | O - ORGANIC | R - RELEVANT | E - ENERGIZING

INSTRUCTIONS

Review the previous exercises and from your responses, identify the top 3 CORE talents that you use in your work and that you work to become well-known for. When you've identified your top 3 CORE talents, complete each of the boxes to ensure that you are clear on the value and application of your talents.

TALENT	ONE	TWO	THREE
DESCRIPTION			
FUNCTIONAL BENEFIT <i>(YOU USE IT TO...)</i>			
EMOTIONAL BENEFIT <i>(IT MAKES YOU/ OTHERS FEEL...)</i>			
CREATES ECONOMIC VALUE BY			
FREQUENCY YOU USE IT AT WORK			
LEVEL OF CURRENT STRENGTH			

TALENT	FOUR	FIVE	
DESCRIPTION			
FUNCTIONAL BENEFIT <i>(YOU USE IT TO...)</i>			
EMOTIONAL BENEFIT <i>(IT MAKES YOU/ OTHERS FEEL...)</i>			
CREATES ECONOMIC VALUE BY			
FREQUENCY YOU USE IT AT WORK			
LEVEL OF CURRENT STRENGTH			