



GRIT

The Practice of Becoming a Resilient Leader

Respond with stability and optimal thinking with *G.R.I.T.* Excelerate's method for helping executives, leaders and managers develop internal fortitude and exceptional crisis response.

The Struggle to Bounce Back

Life is a series of unpredictable events. Adversity is a given. In today's fast-paced world, it can feel like you're constantly putting out fires you didn't start. The leaders that flourish are ones who respond to setbacks with stability, confidence and transparency. Leaders who succumb to the pressure of adversity often fail to bounce back. With the corporate world constantly changing and evolving, you cannot afford to fail.

Becoming a Resilient Leader Requires G.R.I.T.

Resiliency is the ability to maintain grounded thinking, cultivate optimal solutions and take necessary action to overcome challenges and create successful outcomes. Excelerate's *G.R.I.T.* is a masterclass in the art of bouncing back. Participants will learn how to navigate the unknown and overcome hurdles with grace. Unlock your inner superhero and soar to new heights even in the most trying of times.

Transformational Learning at Its Best!

In this program, participants will:

1. Understand the impact of negative information/circumstances on the brain
2. Learn the *G.R.I.T.* model for strengthening your resiliency muscle
3. Create a plan to develop *GRIT* for yourself and your team

I'm Ready to Show Some *G.R.I.T.*

To register, go to <https://bit.ly/2YSFhnl>